

# Scottish Middle Distance Orienteering Champs

## Final Details

### KEY INFO

**Date** - Saturday 14th March 2020

**Venue** - Gleneagles Arena (not the Hotel!)

**Parking** - PH3 1NZ, signed and entrance here <https://goo.gl/maps/6v52XjmWsDo>

**Facilities** - Toilets, indoor registration, Compass Point will attend.

**Map** - 1:10,000 ISOM17 by G Gristwood. Enlarged to 1:7,500 for some classes.

**Terrain** - A real mixture of open moorland, diffuse woodland and worked land.

**Registration** - 10:30-12:00

**Starts** - 11:00-13:00. Call-up -3.

There are **2 starts**. **South** Start is approximately 1km flat walk, mostly along a pavement and crosses several minor roads.

**North** Start (Women HyperVet and all under 14s start) is approximately 400m flat walk, including through the car park.

**Finish** – Close to North Start, approximately 400m flat walk. Please **Download** after your run at the Arena.

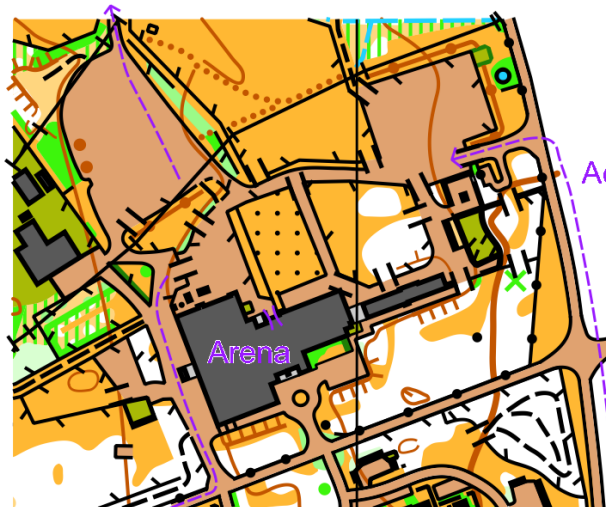
**Loose descriptions** – Will be available at the Starts (text for White, otherwise pictorial).

**Courses close** - 14:00

**Timing** - SportIDENT, SIAC Touch free enabled.

**Courses** - According to Scottish Orienteering guidelines, estimated winning time 30-35 minutes (25 minutes for juniors):

To Start 1 / Finish



Access route from A9

To Start 2

Course	Classes	Map scale	Distance (km)	Climb (m)	Controls	Start
1	Men Open	10000	6.4	35	20	South
2A	Women Open	10000	5.5	35	22	South
2B	<u>MVet</u>	7500	5.5	35	22	South
3A	M18, M20	10000	4.6	30	17	South
3B	<u>MSuperVet</u> , <u>WVet</u>	7500	4.6	30	17	South
4A	W18, W20	10000	3.9	20	12	South
4B	<u>M16</u> , <u>MUltraVet</u> , <u>WSuperVet</u>	7500	3.9	20	12	South
5	<u>MHyperVet</u> , <u>W16</u> , <u>WUltraVet</u>	7500	3.2	15	10	South
6	M14, W14, <u>WHyperVet</u>	7500	3.3	30	12	North
7	M12, W12, Orange	7500	2.8	25	11	North
8	M10, W10, Yellow	7500	2.4	20	10	North
9	White	7500	1	15	8	North

**Entries** – Limited late entry / entry on the day subject to map availability. Seniors £14, Juniors/students £8. Non BOF/SOA members +£2 supplement.

## OTHER INFO

**Labyrinth** – We plan to have this close to registration.

**Prize-giving** - 14:00 in the Arena

### Awards and Trophies -

Trophies will be awarded to the first “Scot” in Men’s Open and Women’s Open classes.

All members of Scottish open Clubs shall automatically be recognised as “Scots”. All other orienteers claiming to be a “Scot” must notify the organiser before the event. Any of the following qualifies an orienteer as a “Scot”:

- born in Scotland
- have at least one parent who was born in Scotland
- a current member of the Scottish Orienteering Association

Medals will be awarded to 1st, 2nd, and 3rd each **category** (irrespective of being a “Scot”).

### Map notes-

- Black circles – shooting ‘butts’.
- Black crosses – man made features – usually horse jumps. These do move sometimes, but were accurate when the map was made!
- There are many minor unmapped ditches – only the most prominent are mapped. Some ditches in the north of the area have been dredged and in places the gorse alongside them has been cut down - it is lying on the ground and is shown as green.
- Roads at the North and South of the map are Out of Bounds and have been marked with a thick ‘forbidden to cross’ purple line.
- A green dot may represent either a bush or a small distinctive tree. Larger distinctive trees are shown with a green circle or as a vegetation boundary (see map sample).



## Safety Information -

- There are many other **organised activities** which may be taking place on the area at the same time, including Segways, Archery, Horse Riding, Shooting, Off-roading (Quad bikes / Argo cats) and Mountain biking. Courses will be planned to avoid these areas, but there is **no physical barrier** in some instances. There is a large **shooting area** marked with **olive green** which must be avoided.
- There will be other activities taking place on the area at the same time, including walking and **dog walking** (it is a popular area). We will notify these other users as best we can about the event. Please be respectful.
- There is one **residential area** on the map. Courses will not go near there. Please be respectful.
- The area is **rough in places**. There are many **drainage ditches**, the most prominent of which are mapped.
- The route to Start 2 will be along the pavement by a road, and will involve **crossing 2 minor roads**. Courses will not cross any roads.
- Roads are **out of bounds** during the event.
- Participants with **existing medical conditions** should leave appropriate information at Registration.
- People **travelling alone** should leave appropriate information at Registration.
- First Aid will be available at **Registration/Download**.
- In the event of **extreme bad weather**, check the website for cancellation.

**Organiser:** Graham Gristwood (07821 788885)

**Planner:** Jon Cross

**Controller:** Ted Finch (FVO)