

Kinlochleven Urban - Sat 18th September 2021

Parking: In the [middle of Kinlochleven](#). The main Skyline Scotland Parking. £3 for the day.

Assembly: On the grass just before the car park. Actually the link above is where our tent will be.

Toilets:At the car park

Terrain: Streets, Park and Woodland. Roughly 50% tarmac. Plus grass and trails.

Map: 1:4000, 2.5m contours. ISSprOM2019 - Sprint Specification. Mapper: Graham Gristwood 2021.

New sprint specification map important changes:

- Dark Green is now uncrossable (black green no longer exists).



can be a tree or bush (use to be a solid green dot)



Passable retaining wall

For a simplified full specification see the [maprunner website](#) including the **symbols which are forbidden to cross**.

Courses

Number	Classes	Straight Line Distance km
Course 1	Men Open	4.5
Course 2	Women Open; Veteran Men 40+	3.8
Course 3	Veteran Women 40+; SuperVet Men 55+	3.2
Course 4	SuperVet Women 55+; SuperVet Men 65+; SuperVet Women 65+; HyperVet Men 75+; HyperVet Women 75+	2.8
Course 5	Junior Men 16-; Junior Women 16-	2.6
Course 6	Young Junior Men 12-; Young Junior Women 12-	1.7

Safety

Under 16s only on course 5 or 6 due to road crossings (unless being shadowed, if being shadowed the adults must run their course beforehand).